
**ME/CFS
CHRONIC
FATIGUE
SYNDROME
CONFERENCE**

Sunday, October 17, 2010

**ME/CFS: NEW PERSPECTIVES
IN RESEARCH, ADVOCACY,
EDUCATION AND DISABILITY**

**Sheraton Eatontown Hotel
Conference Center
Eatontown, New Jersey**

**NJCFSA Fall 2010 Conference
Co-sponsored by**

■ ■ **MONMOUTH
MEDICAL CENTER**
An affiliate of the Saint Barnabas Health Care System



*CME Credits available for physicians.
4 Nursing Contact Hours for nurses.
Certificates of Attendance for other
health care professionals.

**ME/CFS:
NEW PERSPECTIVES IN RESEARCH, ADVOCACY,
EDUCATION AND DISABILITY**

- 11:30 –12:30 pm Registration, exhibits and buffet lunch
- 12:30 – 12:45 pm Kenneth Friedman, PhD.: Introduction and Welcome
Malcolm Schwartz, DO, Moderator.
- 12:45 – 1:45 pm Judy A. Mikovits, Ph.D.: " XMRV, a New Human Pathogen in CFS?"
- 1:45 – 2:30 pm James M. Oleske, M.D.,M.P.H.: "Listening to and Learning From the Testimony of Patients with CFIDS at the CFSAC."
- 2:30 – 2:45 pm Coffee, tea, and beverage break
2:45 – 3:00 pm Awards Presentation
- 3:00-3:45 pm Susan M. Levine M.D.: "New Insights in CFS Research and Education Policy."
- 3:45-4:30 Barbara Comerford Esq.: "Overcoming the Many Legal Challenges for CFS Patients: From Education Law to Obtaining Disability Benefits."
- 4:30-5:00 pm Question and Answer Panel Session—all speakers.
-

Monmouth Medical Center relies upon faculty in its CME and Nursing Continuing Education programs to provide educational information that is objective and as unbiased as possible. In accordance with the nationally accepted guidelines, faculty is asked to indicate any commercial relationship that might be perceived as a real or apparent conflict of interest.

ABOUT THE CONFERENCE

The annual fall conference of the New Jersey Chronic Fatigue Syndrome Association, Inc. (NJCFSA) is co-sponsored by Monmouth Medical Center. It will provide information on Chronic Fatigue Syndrome (ME/CFS) and Fibromyalgia to primary care physicians; specialists in endocrinology, immunology, infectious diseases, and pediatrics; nurses, and other health care providers. ME/CFS/FM patients and their families will benefit from up-to-date information on research and treatment, as well as from an opportunity to network with advocates in the patient and medical communities.

DATE: Sunday, October 17, 2010
TIME: 11:30 am - 5:00 pm
LOCATION: Sheraton Eatontown Hotel
Conference Center
6 Industrial Way East
Eatontown, NJ 07724
ADMISSION: Register by October 4th: \$35
Register on Conference day: \$45

NJCFSA Information Help Line: 888-835-3677

Registration includes buffet lunch, program handouts, and free parking. For health considerations, this conference is fragrance-free, smoke-free and pet-free.

Directions to the Sheraton: Garden State Parkway to exit 105, Route 36 East to Route 35 South to Industrial Way East. The Sheraton is 5 minutes from the Garden State Parkway exit.

Accommodations at the Sheraton:

To reserve a room at a discounted rate of \$129 per night at the Sheraton Eatontown Hotel, please call 732-542-6500 by September 12th and refer to the NJCFSA Fall 2010 Conference.

Other hotels in the area:

Holiday Inn, Tinton Falls 800-HOLIDAY
Red Roof Inn, Tinton Falls 800-REDROOF
Days Inn, Neptune 800-DAYS-INN

ABOUT THE SPEAKERS

Judy A Mikovits, PhD, has a PhD in Biochemistry from George Washington University. She joined Whittemore Peterson Institute (WPI) in November of 2006 as the first Research Director charged with establishing a translational research program aimed at identifying biomarkers and underlying causes of Chronic Fatigue Syndrome (CFS) and other debilitating neuroimmune diseases.

James M. Oleske, MD, MPH, is François-Xavier Bagnoud (FXB) Professor of Pediatrics at UMDNJ, Newark and serves as the Medical Director of the FXB Center for Children. He is Director of the Division of Pediatric Pulmonary, Allergy and Immunology and Infectious Diseases in the Department of Pediatrics at UMDNJ/NJMS. Dr. Oleske was one of the co-authors and co-editor of "A Consensus Manual For the Primary Care and Management of Chronic Fatigue Syndrome".

Susan M. Levine, MD, is a Board Certified Infectious Disease Specialist with a primary interest in Chronic Fatigue Syndrome (ME/CFS) and Fibromyalgia. Dr. Levine was a contributing author to "A Consensus Manual For the Primary Care and Management of Chronic Fatigue Syndrome". She has been involved in several clinical research projects with the US Centers for Disease Control, the NJ Dept. of Health and with various laboratory investigators.

Barbara B. Comerford, Esq., has been practicing law in New Jersey for 25 years primarily in the area of social security disability law, long term disability insurance claims (ERISA and Disability Income) and government disability pensions. Ms. Comerford has sat on a number of national ME/CFS related boards and is also one of the authors of "A Consensus Manual For the Primary Care and Management of Chronic Fatigue Syndrome".

Malcolm Schwartz, DO, FACOP, an Endocrinologist, specializes in the treatment of diabetes, thyroid conditions and hormone deficiencies in infants, children and adolescents. He diagnoses and treats those with ME/CFS. He holds board certifications in pediatrics and pediatric endocrinology and is an Associate Professor of Pediatrics at The Drexel College of Medicine.

About ME/CFS

Chronic Fatigue Syndrome, also known as Myalgic Encephalomyelitis (ME), is a serious, often disabling illness that attacks all body systems. Over 1 million American men, women and children suffer from ME/CFS. As yet, there is no cure, and treatment is aimed at symptom relief. However, promising multi-disciplinary, multi-national research and new technologies are advancing treatment protocols for ME/CFS patients worldwide.

ABOUT CME CREDIT

This activity has been planned and implemented in accordance with the Essential Areas, Standards and Policies of the Medical Society of New Jersey through the joint sponsorship of the Monmouth Medical Center and NJCFSA, Inc. The Monmouth Medical Center is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians. Monmouth Medical Center designates this educational activity for a maximum of 3.5 *AMA PRA Category 1 Credits*™. Physicians should claim credit commensurate with the extent of their participation in the activity.

Target Audience: Primary Care, Internal Medicine, Infectious Disease, Neurology and Endocrinology Physicians. Nurses are also a target audience. Other health care professionals will benefit.

Objectives: At the completion of this conference, the participants should be able to:

–Describe the role of XMRV as a possible pathogen in Chronic Fatigue Syndrome; and explain how various tests can determine the presence of this retrovirus.

–Discuss how the testimony from patients with Chronic Fatigue Syndrome (CFIDS) to the CFSAC has been used to make recommendations for funding action by the Federal government.

–Review the direction of new research into Chronic Fatigue Syndrome. Discuss how the education of healthcare providers and others about this disease can be improved.

–Identify the legal challenges which face students with Chronic Fatigue Syndrome and their parents in attempting to obtain a suitable education. Summarize the challenges facing patients in their applications for disability benefits.

CME participants must pre-register for the conference and for CME credit. Call Kathy Fiore: 732 923 6790.

CME and conference registration: \$95. On conference day, sign in & pick up materials

ABOUT NURSING CONTACT HOURS

This activity has been approved for 4 Contact Hours. The Monmouth Medical Center is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver, by the American Nurses Credentialing Center's COA. (P91-12j2007-2010)

Nsg. fee: No additional fee. Submit Standard Registration.

More info: 888-835-3677-leave message.

OTHER HEALTH CARE PROVIDERS: Certificates of Attendance will be available at conference.

■ ■ **MONMOUTH**
■ ■ **MEDICAL CENTER**
An affiliate of the Saint Barnabas Health Care System



NJCFSA FALL 2010 CONFERENCE

REGISTRATION FORM

*Please fill out and detach this form /
copy form for additional attendees*

Name

Address

City/State/Zip

Daytime phone

E-mail Address

Conference registration: \$35 \$ _____
NJCFSA membership: \$30 \$ _____
(Optional) **TOTAL** \$ _____

Please make check payable to:
NJCFSA, Inc.
Your returned check will be your receipt.

Mail check and this form to:
NJCFSA Fall 2010 Conference
P.O. Box 477
Florham Park, NJ 07932

ABOUT NJCFSA

NJCFSA is a non-profit organization that supports patients and their families with the following: Help Line, website, physician and attorney referrals, current medical information, NJCFSA Journal, support groups, lending library, medical conferences, fundraisers, funding for ME/CFS research, medical school and high school student scholarships, public education, publicity and media coverage, public policy and advocacy.

**Please support the activities of
NJCFSA by becoming a member**