

Dr. Kenneth J. Friedman Vermont CFIDS Scholarship  
Medical Student Scholarship Program

Dear Scholarship Applicant:

Thank you for your interest in applying for the Dr. Kenneth J. Friedman-Vermont (KJF-V) CFIDS Scholarship offered by the Vermont CFIDS Association.

The purpose of this scholarship is to encourage you to learn about Chronic Fatigue Immune Dysfunction Syndrome by writing an essay about this illness during the summer between your first and second years of medical school. CFIDS is also known as Chronic Fatigue Syndrome and ME/CFS.

The KJF-V Medical Student CFIDS Scholarship is not a financial need scholarship. It is open to all students who will complete their first year of medical school at the University of Vermont in June, 2009, will be enrolled for their second year of medical school in September, 2009, and are in good academic standing.

The winner of the scholarship will receive a \$1,000 award that will be applied toward the tuition of his/her second year of medical education. Everyone who submits an essay will receive a certificate of participation. Selected essays will be published on the Vermont CFIDS website and in other appropriate places.

Completed applications must be received electronically no later than August 15, 2009. The winner will be announced by September 15, 2009.

If you need an additional copy of this application or any portion of it, you may download the application from the Vermont CFIDS Association website: [www.vtcfids.org](http://www.vtcfids.org).

We hope that the process of writing the essay for this scholarship, and possibly being the winner of it, will contribute to your becoming a physician who is better able to assist and provide compassionate care for patients suffering from CFIDS and similar, complex illnesses with no known cures.

The Vermont CFIDS Association is a registered 501(c)(3) non-profit charitable organization. The goals of the Vermont CFIDS Association are to: (1) raise public awareness of Chronic Fatigue Immune Dysfunction Syndrome (CFIDS), (2) support and advocate for Vermonters who suffer the debilitating symptoms of this and related disorders, and (3) facilitate the education of patients, families, healthcare providers and primary care physicians in order to validate and establish a recognized and acceptable protocol for the diagnosis and treatment of CFIDS.

If you have any questions regarding your CFS Medical Student Scholarship application, or the Vermont CFIDS Association, please contact Rik Carlson (phone: 1-800-296-1445 & leave a message; email: [admin@vtcfids.org](mailto:admin@vtcfids.org)).

Sincerely,

Rik Carlson  
Chair, Medical Student Scholarship Committee  
Vermont CFIDS Association

Dr. Kenneth J. Friedman-Vermont CFIDS Scholarship  
UVM Medical Student Scholarship Program  
Application/Applicant Requirements

Please read the application/applicant requirements below carefully:

Applicants must:

1. Be a medical student who will successfully complete his/her first year of medical school at the University of Vermont in June, 2009, will be enrolled for his/her second year in September, 2009, and is in good academic standing.
2. Complete the application in every detail. Incomplete applications will automatically disqualify applicants. Receipt of submitted completed applications will be acknowledged.
3. Research and write an essay on the stated topic concerning Chronic Fatigue Immune Dysfunction Syndrome. The essay must be written between June 15 and August 15, 2009. The work must be the applicant's, represent original work, and not have been offered or submitted for other purposes.
4. Agree that the submitted essay becomes the property of the Vermont CFIDS Association, and that the essay may be used by the Association for advertisement purposes and/or published in any of the Association's publications.
5. Scan an unofficial transcript from UVM and email to Rik Carlson (email: [admin@vtcfids.org](mailto:admin@vtcfids.org)) or arrange to have an unofficial transcript sent by mail to The VT CFIDS Association, P.O.Box 3126, Burlington, VT 05408-3126).
6. Submit the application electronically by August 15, 2009 to Rik Carlson (email: [admin@vtcfids.org](mailto:admin@vtcfids.org))



## Part F: Essay

Write an essay of approximately 3,000 words on the following topic: Chronic Fatigue Immune Dysfunction Syndrome (CFIDS) is a complex multi-system disorder. Describe the symptoms, diagnosis and principals of treatment for CFIDS. Include in your answer a discussion of the differential diagnosis of CFIDS from other illnesses with similar presentations.

Your essay must not exceed 10 double-spaced pages of 12-point type with 1-inch margins.

References should be cited within the text of the essay using standard, medical journal format.

At least 10 references should be cited.

A bibliography containing all references cited in the essay should be included at the end of the essay.

The bibliography should be formatted using standard, medical journal format.

The document needs to be scholarly and well-referenced. Citing web sites as references is not acceptable.

The essay must not have been offered or submitted elsewhere.

Essays not conforming to these standards will not be considered.

A committee will be formed by Vermont CFIDS Association to review the submitted essays and select the winner. Judging will be on the basis of scholarship, and the demonstration of understanding the difficulties involved in diagnosing and providing compassionate and effective care to CFS patients.